



## WHEN TO KEEP YOUR CHILD HOME FROM SCHOOL



It seems like there is always something going around when it comes to kids. **Here are some guidelines to help you to know when to keep your child home from school:**

### **APPEARANCE/DISCOMFORT**

If your child appears unusually tired, irritable, pale or has an unusual lack of appetite, you may want to consider not sending him or her to school.

### **VOMITING/DIARRHEA**

If your child has experienced vomiting and/or diarrhea during the night or in the morning before school, please do not send him or her to school.

### **EYES**

We understand that eyes are sometimes swollen and irritated by allergens or virus. Because of the extremely contagious nature of Bacterial Pink Eye, you are asked to consult with your doctor before sending your child to school with these symptoms: Thick mucus or pus draining from the eye, or if the eye is red, puffy, itchy and/or painful. Your child can attend school 24 hours after starting medical treatment for bacterial Pink Eye.

### **FEVER**

Temperature of 100.0 or higher is an indication that your child could be contagious. Giving a child Tylenol or Ibuprofen will bring the temperature down, and make them more comfortable, but will not prevent them from passing their illness on to classmates.

### **RASH**

A body rash, especially with fever, itching, and open and/or draining sores indicates something contagious.

### **HEAD LICE**

Children cannot return to school until their hair has been treated with lice shampoo and the hair is free of all nits. **The student needs to check in with the school nurse before returning to class.**

### **SEVERE SORE THROAT/COUGH**

If your child has a fever and/or swollen glands in the neck, he or she is contagious and should not be in school. In addition, a frequent, severe cough can be a distraction to the class.

- **REMEMBER:** If you take your child to the doctor, please be sure to get an excuse for school to account for the absence.

If you have any questions, please call your school nurse:

Green Valley Primary  
Mrs. Lisa Blau  
412-673-9737

Logan Middle School  
Mrs. Beverly Burgess  
412-824-6053

EA High School  
Mrs. Darcy Yeloushan  
412-824-9700